

## The Essential Beach Rental Packing Checklist (For Families with Babies and Toddlers)

### ADULTS

- Tee shirts
- Shorts
- Long-sleeve tee, sweater or light jacket
- Sundresses
- Nice-dinner-out outfit(s)
- Swimsuits and cover-ups
- Workout clothes
- Pajamas
- Underwear and intimates
- Socks
- Shoes
- Beach hat(s)

### Toiletries and Essentials

- Deodorant
- Toothbrush, floss, toothpaste
- Razor
- Body wash/soap
- Shampoo and conditioner
- Face wash and lotions
- Hair styling products
- Hair dryer
- Curling iron, flatiron
- Sanitary products
- Glasses, contacts
- Makeup
- Sunscreen and aloe gel/lotion
- Body lotion
- Medications and pain relievers
- Band-Aids
- Phone and tablet chargers

### KIDS

- Clothes
- Swimsuits
- Cover-ups
- Beach hat(s)
- Pajamas
- Socks
- Shoes
- Water shoes
- Nice-dinner-out outfits

### Baby/toddler essentials

- Diapers
- Diaper disposal bags
- Swim diapers
- Baby wipes
- Body wash/soap
- Shampoo
- Comb and any hair accessories
- Toothbrush and toothpaste
- Baby sunscreen
- Diaper rash cream
- Bibs
- Burp cloths
- Infant Tylenol and/or Motrin
- Pacifiers
- Teethers
- Sippy cups
- Toddler utensils
- Booster seat\*
- Pack n' Play\*
- Crib sheets and blanket

### KIDS (cont'd)

- White noise machine
- Baby monitor
- Thermometer

### Play

- Beach bag
- Beach toys
- Beach umbrella, sun tent
- Beach towels
- Beach chairs
- Floaties
- Inflatable kiddie pool\*\*
- Toys for back at the house\*\*\*
- Cards, games for adults
- Cooler

### FOR THE HOUSE

*Tip: Check with the rental company in advance to see what is provided*

- Bath towels and washcloths
- Bedding
- Dish towels
- Dish soap
- Laundry detergent
- Fabric softener
- Paper towels
- Toilet paper
- Hand soap
- Trash bags

\*Check if there are rental companies in the area. Renting a high chair or crib is much easier than packing a substitute!

\*\*Best. Beach idea. Ever. It keeps kids cool so they aren't tempted to run toward the water.

\*\*\*This includes your child's favorite toy. And whatever you do, don't forget the lovey!